



# Athlone Swimming Club

Sunday 19<sup>TH</sup> May 2024

INVITATIONAL L2 MEET

Meet Licence no;C-20-23/24-C020

<b>Venue</b>	Athlone Regional Sports Centre
<b>Host</b>	Athlone Swimming Club
<b>Format</b>	Short Course 6 Lane
<b>Session Times</b>	Session 1 warmup 9am Start 10am Session 2 half hour after session 1
<b>Events</b>	<p>Session 1 50m/100m Backstroke            50m/100m Breaststroke            200m Freestyle (11,12,13,14,)only            Relays 4x50m freestyle ,10/11, 12/14            4x50m Freestyle Mixed 9.</p> <p>Session2 50m/100m Fly            200IM (11,12,13,14) only            50m 100m Freestyle            Relays 4x50m IM ,10/11, 12/14            4x50m IM Mixed U9</p>
<b>Awards</b>	Individual/relays awards will be given Medals 1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> in each age group band U9,10,11,12,13,14, relays U 9-10, 11-12, 13-14.
<b>Fees</b>	<p>€7 per Individual Event      €20 per Relay Team</p> <p>Fee payment should be arranged concurrently with swim meet entries.            Proof of payment should accompany entry File.  <b>All visiting Clubs must arrange electronic payment to:</b>            Bank Account Name: Athlone Swimming Club            Bank: BOI Bank            Bank Address: Church St Athlone            IBAN: IE60BOFI90163479407363            BANK: BOFIE2D            REFERENCE: CLUB NAME</p>
<b>Eligibility</b>	<p>Only swimmers registered with Connacht are eligible to enter this gala.            All swimmers must be competing in the competition to enter a relay.</p> <p><b>Tech Suit Policy:</b> Tech Suits will not be permitted at the Future Challenger Series Meets irrespective of age. We ask clubs to ensure coaches, parents and athletes are fully aware of the policy so that we avoid any negative experiences on poolside. <a href="https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-20th-June-2023.pdf">https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-20th-June-2023.pdf</a></p>



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<b>Entries</b>	<i>Entries, on Hy-Tek only. NT will be accepted for this meet. Entries should be sent to <a href="mailto:patricia_cleary@hotmail.com">patricia_cleary@hotmail.com</a></i>
<b>Entries by:</b>	<i>13<sup>th</sup> May 2024</i>
<b>Officials</b>	<i>Clubs must provide volunteers for timekeeping duties.  Persons looking for experience of stroke judge and starter roles should contact <a href="mailto:connachtcompetitionchair@swimireland.ie">connachtcompetitionchair@swimireland.ie</a> and arrangements will be made for mentoring or otherwise.</i>
<b>Heats</b>	<i>Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.</i>
<b>Scratches</b>	<i>Scratches at the commencement of warm up or by email.</i>
<b>Data Protection</b>	<i>Swim Ireland Connacht and its registered clubs use a software database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results sheets, social media updates etc.)  <a href="https://www.swimireland.ie/wp-content/uploads/sites/2/2023/02/Briefing-Note-Competition-Photography-and-Changing-areas.pdf">https://www.swimireland.ie/wp-content/uploads/sites/2/2023/02/Briefing-Note-Competition-Photography-and-Changing-areas.pdf</a></i>
<b>Photography</b>	
<b>Hydration</b>	<i>Please note that, as an environment-friendly measure, timekeepers/officials/coaches are encouraged to bring their own re-usable bottles and fill them from the water coolers.</i>
<b>First Aid</b>	<i>First Aid facilities will be provided by facility lifeguards and staff. Fire exits should be noted on arrival. In the event of fire alarm, swimmers and volunteers will take direction from the facility staff and / or Meet Director.</i>



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## Session 1

- 1 50m Backstroke Girls U9
- 2.50m Backstroke Boys U9
- 3 100m Backstroke Girls 10-14
- 4 100m Backstroke Boys 10-14
5. 50m Breaststroke Girls U9
6. 50m Breaststroke Boys U9
- 7 100m Breaststroke Girls 10-14
- 8 100 Breaststroke Boys 10-14
- 9 200m Freestyle Girls 11-14
- 10 200m Freestyle Boys 11-14
- 11 4x50 Freestyle Relay Mixed 9-10
- 12 4x50 Freestyle Relay 11-12 Girls
- 13 4x50 Freestyle Relay 11-12 Boys
- 14 4x50 Freestyle Relay 13-14 Girls
- 15 4x50 Freestyle Relay 13-14 Boys

## Session 2

- 16 50m Fly Girls U9
- 17 50m Fly Boys U9
- 18 100m Fly Girls 10-14
19. 100m Fly Boys 10-14
20. 200m IM Girls 11-14
21. 200m IM Boys 11-14
- 22 50m Freestyle Girls U9
- 23 50m Freestyle Boys U9
24. 100m Freestyle Girls 10-14
- 25 100m Freestyle Boys 10-14
- 26 4x50 IM Mixed Relay U9-10
- 27 4x50m IM Relay 11-12 Girls
- 28 4x50m IM Relay 11-12Boys
- 29 4x50m IM Relay 13-14 Girls
30. 4x50m IM Relay 13-14 Boys